

To whom it may concern,

My family, in collaboration with a few others are organizing a ceremonial teaching pow wow in honor of the traditional ways of the indigenous peoples in support of the 8 Fire Prophecy and Rainbow Prophecy. The Now Pow Wow is a vision, and the Indian way says when one receives a vision it is their responsibility to act it out.

The Now Pow Wow is an opportunity to teach, share and learn by all attending. It is a way to remember the magic of ceremony, and how by bringing ceremony into our life we slow down and begin to awaken a knowing within us that only lays dormant waiting for this exact opportunity. This opportunity is what the WHOLE is in need of to heal Mother Earth and all that she encompasses and to protect, through preservation, a home for the next 7 generations.

There are many aspects of The Now Pow Wow that are unique to honoring the traditional ways. We will not charge for entry, nor will money be exchanged in any way, by means of vendors or food sales. This is by far one of the most important differences that allow us to stand as the lone wolf. Money carries the energy of oppression and holds no value when we begin to re-member that all one needs is FREE. It is only because these FREEDOMS have been controlled, that we have all become captive to a piece of paper.

We will open the ceremony and close collectively, therefore all attending are not spectators though participants. Dances will be open to all choosing to participate and will encourage with teachings the medicine of dance. There will be traditional structures such as a family totem pole, tipi, and sweat lodge to teach and allow exploration through entry. We plan to have stations for all ages who choose to participate, these stations include creating necklaces with traditional materials, constructing spirit animal masks for The Spirit Animal Dance, and storytelling- the traditional way to ensure we remember. We will conclude the pow wow with a traditional potluck using reusable plates and utensils.

Music will be honored in a variety of ways. We plan to have drummers represented by different indigenous tribes accompanying the dances. Collectively we will play honoring the medicine of sound and the individual instruments and there will be singing as it is a way to effectively carry prayer.

Pow wows are a gathering of tribes to honor ceremony and celebrate in unity and equality. Not only will we be honoring the traditional ways, though starting new traditions that include the practice of ONE NATION. The medicine wheel is traditionally represented by the colors red, yellow, black, and white and this is partly in recognition of the colors of the races of the world. Today many of us are a rainbow of colors, known as intertribal and it is upon this time that the prophecies of many indigenous tribes declare that we will need to come together to ensure preservation or succumb to the inevitable if we continue as so.

This is the first of The Now Pow Wow and we are open to collaborate with others. If you are interested in supporting the birth and continuation of The Now Pow Wow please contact us at wbfinfo@gmail.com, visit our website at www.wholebodyfit.biz, and/or call 647-973-9770.

In love and light,

Tina CicaWa Wolf Woman Wilson